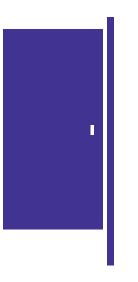
POTTY By Students

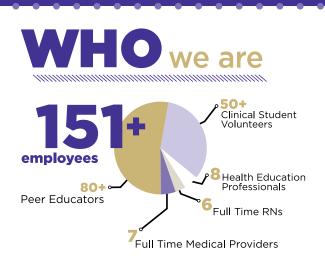


MOUTH For Students

SUMMER 2018 ISSUE 8

EVERYTHING A JMU STUDENT should know about the UNIVERSITY HEALTH CENTER





ONLINE SCHEDULING

All medical appointments at the University Health Center can be made Online! Just log on to MyJMUHealth. www.jmu.edu/healthcenter/MyJMUHealth





PHARMACY & SELF-CARE

The University Health Center Pharmacy is staffed by a licensed pharmacist and pharmacy technician. It offers prescription medications for JMU students written by licensed medical providers from the University Health Center, Counseling Center, and the athletic department.

Self-Care Station FOR SELF-LIMITED ILLNESSES

Self-limited illnesses are healed by the body's immune system and can be treated at home without seeing a medical provider. **We provide documents with information on how to self-care for:**

ANXIETY, PINK EYE, CONSTIPATION, COUGH, FEVER, HEAD LICE, THE FLU, NAUSEA AND VOMITING, SEASONAL ALLERGIES, SORE THROAT, THE COMMON COLD, YEAST INFECTION



REMINDER!

OCTOBER 8-9

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Upload to your MyJMUHealth Account

Urgent Care walk-ins are available for injuries and illness that need immediate care, such as stitches, vomiting for over 24 hours, female UTIs, acute allergic reactions or burns.

THIS ISSUE OF POTTY MOUTH IS BROUGHT TO YOU BY THE UHC MARKETING TEAM :

Nina Varma Anya Kaszubowski Erin Scouten Brandon Hereford

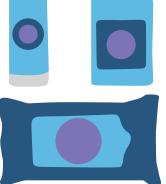
NOW AVAILABLE ONLINE AT JMU.EDU/HEALTHCENTER

Potty Mouth Questions? Please contact **ritchiac@jmu.edu**

POSTED WITH SPECIAL PERMISSION FROM UNIVERSITY INFORMATION

PRODUCTS

Free hand sanitizer, antibacterial wipes and tissues are located at the Self-Care Station. They're the perfect size for your pocket or backpack! **Take some and go!**



PHARMACY ONLINE: http://www.jmu.edu/healthcenter/StudentCare/pharmacy.shtml SELF-CARE STATION ONLINE: https://www.jmu.edu/healthcenter/Resources/index.shtml

> Questions? Contact (540) 568-6178 or jmu.edu/healthcenter



@JMUHealthCenter